



Gailann Bruen

# Looking for last minute CE's WITHOUT LEAVING HOME? Choose from 3 Clinical, Interactive, LIVE TELECLASSES

**What is a teleclass?** A Teleclass is a live, interactive class that is conducted over the telephone and recorded. It is like a conference call. No computer needed. Participants interact with the teacher and with each other. Your standard long distance charges, if any, will apply. Upon registering, you get the phone # and access code. If you cannot attend live, you can listen to the recording later and still be able to take the multiple choice test at your convenience.

**June**

## Is helping them killing you? How to Keep Calm in the Chaos: Easy Stress Solutions for all Populations in 2 parts

You will experience how to:

- Integrate a wide range of Strategies that Work™ for immediate use with clients
- Identify internal and external stress triggers
- Learn 3 easy body/mind stress-buster relaxation techniques based on the SSA MODEL
- Discover first aid survival strategies for personal and professional caregivers

**Dates:**

Sat., June 12 (Part1) & Sun., June 13(Part 2) 4:00 -- 5:30 pm  
**OR** Wed., June 30 (Part 1) & Thurs., July 1(Part 2) 7:30 -- 9:00 pm

**August**

## Creative Solutions For Challenging Clients

The Power of a Strength Model in 2 parts

Experience, practice and replicate:

- 3 intuitive techniques to mobilize the resiliency
- Creative technique to help clients stop paralyzing internal chatter
- Laser questions to activate client strength.
- Mentoring strategies to assist clients in finding their own intuitive answers

**Dates:**

Wed., Aug. 11(Part1) & Thurs., Aug. 12 (Part 2) 7:30 -- 9:00 pm  
**OR** Sat., Aug. 28 (Part1) & Sun., Aug. 29 (Part 2) 4:00 -- 5:30 pm

**Your Presenter:**

Gailann Bruen MSW, LCSW is a national Keynote Speaker, Trainer and Retreat Facilitator who generates enthusiasm with interactive and experiential teaching of easy strength-based Strategies That Work™. Gailann entertains AND gets results. Her motto is "If you can laugh you can learn."

- Masters from Columbia University ➤ Created a Training DVD & Workbook
  - Adjunct faculty New York University (15 yrs) & Rutgers University Social Work School
- For Participant Quotes about workshops go to [www.GailannBruen.com](http://www.GailannBruen.com)

\*Each program is approved for 3 clinical credits based on a 50 minute hour by the Association of Social Work Boards (ASWB) [www.aswb.org/education/courses/](http://www.aswb.org/education/courses/) through the Approved Continuing Education (ACE) Program. **New Jersey, Connecticut, Pennsylvania, and most other states accept ASWB courses. Verify with your state board.**

**July**

## Don't Just Let Them Vent - Help Them Reinvent!

A Strength-based Change Model for Transition in 2 parts

Experience, practice and replicate:

- Imagery techniques and the use of humor to create new options after life transitions - *downsized, death, divorce, career confused or dissatisfied, empty nested, retired, or disabled*
- The basics of educating clients about the normal emotional roller coaster of reinvention
- Laser questions to explore passions and your True Self
- Easy techniques to move ahead in spite of crippling fear

**Dates:**

Wed., July 7(Part1) & Thurs., July 8 (Part 2) 7:30 -- 9:00 pm  
**OR** Sat., July 24 (Part1) & Sun., July 25 (Part 2) 4:00-- 5:30 pm

**Who Should Attend?**

Social work practitioners in all setting, not just private practice, and at all levels from beginner to advanced.

**CE's:** \* It is a 3 credit clinical course. **No partial credit.** Non-clinical participants still get 3 credits.

**Dates and Times:**

Each course has 2 segments of 1½ hr. each and is offered twice with the choice of Wed./Thurs. night at 7:30 pm or Sat./Sun. at 4:00pm.

**Cost: \$69.** Checks and all credit cards accepted. It includes a handout packet, access to recording and transcript of live teleclass before taking multiple choice test for credit. All valuable for future reference.

**Discount:** We need your help in getting the word out. **10% off plus an additional \$5 off your registration by phone** for every person who mentions your name when registering.

**3 Ways to Register:**

Online at [www.GailannBruen.com](http://www.GailannBruen.com)  
Phone 973 540 1550  
Fax - same number, call first

**Written Request for Refunds :** Gladly given minus \$20 administration fee up to a week before each teleclass. No refunds less than a week before. You are welcome to attend a future event.

**CE Requirements:**

- 1) Include on the registration form your license number as well as the phone number you will use for teleclass.
- 2) Attend Part1 & 2 in full. Teleclass system automatically records the time of your phone arrival and hangup.
- 3) Complete and submit evaluation .
- 4) Take multiple choice test. Pass with a grade of 75.