



Gailann Bruen

Looking for last minute CE's WITHOUT LEAVING HOME? Choose from 3 Clinical, Interactive, LIVE TELECLASSES

What is a teleclass? A Teleclass is a live, interactive class that is conducted over the telephone and recorded. It is like a conference call. No computer needed. Participants interact with the teacher and with each other. Your standard long distance charges, if any, will apply. Upon registering, you get the phone # and access code. If you cannot attend live, you can listen to the recording later and still be able to take the multiple choice test at your convenience.

June

Is helping them killing you? How to Keep Calm in the Chaos:

Easy Stress Solutions for all Populations in 2 parts

You will experience how to:

- Integrate a wide range of Strategies that Work™ for immediate use with clients
- Identify internal and external stress triggers
- Learn 3 easy body/mind stress-buster relaxation techniques based on the SSA MODEL
- Discover first aid survival strategies for personal and professional caregivers

Dates:

Sat., June 12 (Part1) & Sun., June 13 (Part 2) 4:00 -- 5:30 pm

OR Wed., June 30 (Part 1) & Thurs., July 1 (Part 2) 7:30 -- 9:00 pm

August

Creative Solutions For Challenging Clients

The Power of a Strength Model in 2 parts

Experience, practice and replicate:

- 3 intuitive techniques to mobilize the resiliency
- Creative technique to help clients stop paralyzing internal chatter
- Laser questions to activate client strength.
- Mentoring strategies to assist clients in finding their own intuitive answers

Dates:

Wed., Aug. 11 (Part1) & Thurs., Aug. 12 (Part 2) 7:30 -- 9:00 pm

OR Sat., Aug. 28 (Part1) & Sun., Aug. 29 (Part 2) 4:00 -- 5:30 pm

Your Presenter:

Gailann Bruen MSW, LCSW is a national Keynote Speaker, Trainer and Retreat Facilitator who generates enthusiasm with interactive and experiential teaching of easy strength-based Strategies That Work™. Gailann entertains AND gets results. Her motto is "If you can laugh you can learn."

- Masters from Columbia University ➤ Created a Training DVD & Workbook
- Adjunct faculty New York University (15 yrs) & Rutgers University Social Work School

For Participant Quotes about workshops go to www.GailannBruen.com

*Each program is approved for 3 clinical credits based on a 50 minute hour by the Association of Social Work Boards (ASWB) www.aswb.org/education/courses/ through the Approved Continuing Education (ACE) Program. **New Jersey, Connecticut, Pennsylvania, and most other states accept ASWB courses. Verify with your state board.**

July

Don't Just Let Them Vent - Help Them Reinvent!

A Strength-based Change Model for Transition in 2 parts

Experience, practice and replicate:

- Imagery techniques and the use of humor to create new options after life transitions - *downsized, death, divorce, career confused or dissatisfied, empty nested, retired, or disabled*
- The basics of educating clients about the normal emotional roller coaster of reinvention
- Laser questions to explore passions and your True Self
- Easy techniques to move ahead in spite of crippling fear

Dates:

Wed., July 7 (Part1) & Thurs., July 8 (Part 2) 7:30 -- 9:00 pm

OR Sat., July 24 (Part1) & Sun., July 25 (Part 2) 4:00-- 5:30 pm

Who Should Attend?

Social work practitioners in all setting, not just private practice, and at all levels from beginner to advanced.

CE's: * It is a 3 credit clinical course. **No partial credit.** Non-clinical participants still get 3 credits.

Dates and Times:

Each course has 2 segments of 1½ hr. each and is offered twice with the choice of Wed./Thurs. night at 7:30 pm or Sat./Sun. at 4:00pm.

Cost: \$69. Checks and all credit cards accepted. It includes a handout packet, access to recording and transcript of live teleclass before taking multiple choice test for credit. All valuable for future reference.

Discount: We need your help in getting the word out. **10% off plus an additional \$5 off your registration by phone** for every person who mentions your name when registering.

3 Ways to Register:

Online at www.GailannBruen.com
Phone 973 540 1550
Fax - same number, call first

Written Request for Refunds : Gladly given minus \$20 administration fee up to a week before each teleclass. No refunds less than a week before. You are welcome to attend a future event.

CE Requirements:

- 1) Include on the registration form your license number as well as the phone number you will use for teleclass.
- 2) Attend Part1 & 2 in full. Teleclass system automatically records the time of your phone arrival and hangup.
- 3) Complete and submit evaluation .
- 4) Take multiple choice test. Pass with a grade of 75.